



AGING INTERNET INFORMATION NOTES empowering users to explore internet resources

The Internet and Older Adults

(See Also: [Babyboomers](#), [Senior Housing Options](#), and [Caregiving Resources](#))

- [Resources for Developing User Friendly Sites for Older Adults](#)
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Fifty years ago at the first National Conference on Aging, older adult advocates called upon society to create more opportunities for the engagement and empowerment of older adults. Today, the Internet information highway provides a means by which the disabled and active older adult alike can participate equally with other generations in accessing its information wealth and instant communications. Internet participation and connection, much like cable television, can reduce isolation, promote lifelong learning, and facilitate achievement of activities of daily living. Sites selected here include organizations that monitor demographic statistics on use of the Internet and support greater public participation by older adults. Also included is a growing list of Internet sites designed to attract the active older adult. Although these sites frequently use thematic marketing techniques to attract a following most include information and links to web pages on travel, health, housing, and financial planning.

Resources for Developing User Friendly Sites for Older Adults

Older Adults and the World Wide Web: A Guide for Web Site Creators

(Spry Foundation) http://www.spry.org/pdf/website_creators_guide.pdf

Creating Senior-Friendly Web Sites

(Center for Medicare Education)

portal: <http://www.medicareed.org/Publications.cfm?Detail=60>

pdf: <http://www.medicareed.org/content/CMEPubDocs/V1N4.pdf>

Making Your Web Site Senior Friendly

(National Institute on Aging)

<http://www.nlm.nih.gov/pubs/checklist.pdf>

Design Guidelines for All Ages

(Agelight)

<http://www.agelight.com/Resources/webdesign.htm>

Resources for Using the Internet

(National Cancer Institute)

<http://usability.gov/>

Statistics on Access and Use

America's Online Pursuits: The Changing Picture of Who's Online and What They Do (December 2003)

(Pew Internet Project)

<http://www.pewinternet.org/reports/toc.asp?Report=106>

The Ever-Shifting Internet Population: A New Look At Internet Access And The Digital Divide

(Pew Internet Project)

<http://www.pewinternet.org/reports/toc.asp?Report=88>

Home Computers and Internet Use in the United States: August 2000

(U.S. Census Bureau)

<http://www.census.gov/prod/2001pubs/p23-207.pdf>

Wired Seniors: A Fervent Few, Inspired By Family Ties

(Pew Memorial Trust)

<http://www.pewinternet.org/reports/toc.asp?Report=40>

Seniors

(NUA ltd)

http://www.nua.ie/surveys/index.cgi?f=FS&cat_id=31

A Nation Online: How Americans Are Expanding Their Use Of The Internet - 2002

(National Telecommunications and Information Administration,
U.S. Department of Commerce)

Table of Contents: <http://www.ntia.doc.gov/ntiahome/dn/html/toc.htm>

National Survey on Consumer Preparedness and E-Commerce: A Survey of Computer Users Age 45 and Older -- Executive Summary, February 2000

(Public Policy Institute, AARP)

http://research.aarp.org/consume/ecommerce_1.html

Older Adults' Use of Computers: A Survey

(Glasgow University)

http://www.dcs.gla.ac.uk/~joy/research/2003_bcs_hci/

Baby Boomers and Seniors Fastest Growing Web Groups (2000)

(CyberAtlas)

http://cyberatlas.internet.com/big_picture/demographics/article/0,,5901_334031,00.html

Digital Divide More Economic than Ethnic (2000)

(Cyber Atlas)

http://cyberatlas.internet.com/big_picture/demographics/article/0,,5901_395581,00.html

GVU's 10th WWW User Survey

(Georgia Institute of Technology)

http://www.gvu.gatech.edu/user_surveys/survey-1998-10/

Trendline Study on Electronic Access by Households: 1984-1998 (National Telecommunications and Information Administration)

<http://www.ntia.doc.gov/ntiahome/fttn99/appendix.html>

Top Ten Senior Sites

(Top Ten Links)

<http://www.top10links.com/Society/Seniors/Resources/index.shtml>

WWW Demographics: Key Sites to Worldwide Demographics

(Rubicon)

<http://www.rubicon.com/turnpike/demogrph.html>

Increasing Access

Ability Hub

<http://www.abilityhub.com/>

Neighborhood Networks – Seniors

(U.S. Department of Housing and Urban Development)

<http://www.hud.gov/nnw/aboutnn/nnewseniors.html>

Neighborhood Networks – Find a Center

(U.S. Department of Housing and Urban Development)

<http://www-domino4.hud.gov/NN/contacts.nsf/centersearch?OpenForm>

Community Technology Center Grants

(U.S. Department of Education)

Community Technology Center Grants

(U.S. Department of Education)

<http://www.ed.gov/programs/comtechcenters/index.html>

Digital Divide Network

<http://www.digitaldividenetwork.org/content/sections/index.cfm>

ConnectNew [Directory of Locations for Free Access to Internet]

<http://www.connectnet.org/english/>

<http://www.conectado.org/spanish/>

Accessibility Technology for Everyone

(Microsoft)

<http://www.microsoft.com/enable/>

Connecting Technology and Older Adults

GeroTech

<http://www.gerotech.com/>

Educational Programs for Seniors

Computers Made Easy (For Senior Citizens)

(California State University, Chico)

<http://www.csuchico.edu/%7Ecsu/seniors/computing2.html> - 1.%20training

Friendly Devices

<http://www.friendlydevices.com/>

Senior Net's Learning Centers

(SeniorNet)

<http://www.seniornet.org/php/default.php?PageID=5321>

Computers and Technology

(AARP)

<http://www.aarp.org/comptech/>

Adapting to Seniors: Computer Training for Older Adults

(University of Arizona Library)

<http://dlist.sir.arizona.edu/archive/00000260/>

Internet Sites for Older Adults in the United States

See also [web sites for babyboomers](#), [web sites for housing](#),
and [web sites for caregiving](#)

AARP

<http://www.aarp.org/>

AARP – The Magazine

<http://www.aarpmagazine.org/>

Access America for Seniors (First Gov for Seniors)

<http://www.seniors.gov/>

American's Seniors

<http://todaysseniorsnetwork.com/>

Crones Unlimited

<http://www.cronesunlimited.com/>

Cyber Seniors

(Multnomah County Library)

<http://www.multcolib.org/seniors/seniors/index.html>

Double Nickels

<http://www.doublenickels.com/>

Elderhostel

<http://www.elderhostel.org/>

ElderNet

<http://www.eldernet.com/>

Fifty Plus Friends Club

<http://www.50plusfriends.com/>

Friendly 4 Seniors

<http://www.friendly4seniors.com/>

Generations on Line

<http://www.generationsonline.org/>

Go60.com

<http://www.go60.com/index.html>

Our Senior Years

<http://www.oursenioryears.com/>

Retirement Net

<http://www.seniorsearch.net/>

Senior.Com

<http://www.senior.com/>

(The) Senior Center

<http://www.senior-center.com/>

Senior Circle

<http://www.seniorcircle.com/>

Senior Citizens Magazine
<http://www.seniorcitizensmagazine.com/>

Senior Citizen's Website
<http://www.intecon.com/senior/>

Senior Globe.com
<http://www.seniorglobe.com/>

Senior Inet Online
<http://www.senior-inet.com/>

Senior Journal
<http://www.seniorjournal.com/>

Senior Living
<http://seniorliving.about.com/>

Senior Net
<http://www.seniornet.org/>

SeniorScape
<http://www.seniorscape.com/>

Seniorresource.com
<http://www.seniorresource.com/>

Seniors On-Line
<http://www.seniors-on-line.com/>

Seniors-Site.Com
<http://www.seniors-site.com/>

Seniors Surfers
<http://www.seniorsurfers.org/>

Senior Women Web
<http://www.seniorwomen.com/>

The Silver Lining News
<http://www.silverliningnews.com/>

Third Age
<http://www.thirdage.com/>

Wired Seniors
<http://www.wiredseniors.com/>

Yahoo Senior Guide

<http://seniors.yahoo.com/>

Internet Sites for Older Adults in other Countries

Australia

Endeavor Web for Senior Citizens

<http://www.endeavour-web.org/>

Canada

ElderWeb

<http://www.elderweb.org/>

Fifty-Plus Net

<http://www.fifty-plus.net/>

(A) Touch of Grey: Talk Show for Grownups

<http://www.atouchofgrey.com/radioshow.html>

China

Old Kids (Chinese Characters)

<http://www.oldkids.com.cn/main/>

United Kingdom

Silver Surfers

<http://www.silversurfers.net/>

Research and Opinion

Unsolicited Commercial Email (Spam) and Older Persons Online

(Public Policy Institute, AARP)

http://research.aarp.org/consume/dd94_spam.html

The Deregulation of Internet Access Through DSL: An AARP Survey of Texans

(Public Policy Institute, AARP)

http://research.aarp.org/consume/tx_dsl.html

Study: Senior Women Reluctant to Cross Digital Divide

(National Public Radio)

<http://discover.npr.org/features/feature.jhtml?wfId=1173569>

Who's Not Online

(Pew Research Center)

<http://www.pewinternet.org/reports/toc.asp?Report=21>

Falling Through the Net: Defining the Digital Divide

(National Telecommunications and Information Administration)

<http://www.ntia.doc.gov/ntiahome/fttn99/contents.html>

Falling Through the Net II: New Data on the Digital Divide

(National Telecommunications and Information Administration)

<http://www.ntia.doc.gov/ntiahome/net2/>

Annenberg Pal Project: Older Adults on The Internet

(University of Southern California)

<http://seniors-site.com/computer/wendt.html>

Expert Survey: Use of Computers by Older Adults

(Pennsylvania State University)

http://www.personal.psu.edu/staff/b/d/bd1125/C_survey.html

Aging Technology and the New Millenium

(Royal Center for Research and Education on Aging and Technological Enhancement)

<http://www.applied-gerontology.org/miami.pdf>

What's Going On: Losing Ground Bit by Bit

(Benton Foundation)

<http://www.benton.org/publibrary/losing-ground/home.html>

BMC: 01/25/04

Center for Communications and Consumer Services

U.S. Administration on Aging

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